

# Banana Rusk

## Our special HiPP ingredients

Whey product\*, wholemeal wheat flour\* 24%, skimmed milk powder\* 17%, wheat semolina\*, vegetable oils\* (sunflower oil\*, rapeseed oil\*), banana flakes\* 5 %, rusk\* 3%, (wheat flour\*, palm oil\*, yeast), calcium carbonate, vitamin C, ferric diphosphate, vitamin E, vitamin B<sub>1</sub>, vitamin A, potassium iodate, vitamin D.

\*from organic production

†organic palm oil from sustainable farming, certified by independent control authorities

May contain traces of eggs, nuts and sesame seeds.

contains gluten

## Preparation Guide

Choose the amount of water and cereal powder according to the feeding guide and depending on your baby's age and appetite.



Boil fresh drinking water and allow it to cool down to about 50 °C.



Put the recommended amount of powder (according to feeding guide) into a bowl.



Measure boiled water (according to feeding guide), add to the powder and stir.



Leave to stand to thicken until it reaches the desired consistency. Check the temperature.

## Feeding Guide

Each baby is different, so daily milk cereal portions may differ greatly. Our feeding guide shall help you prepare different amounts of milk cereal correctly.

	Powder (g)	Water	Portion
from 4 months	40 (3-4 tablespoons)	130 ml	170 g
from the 6 <sup>th</sup> month	45 (approx. 4 tablespoons)	140 ml	185 g
from the 8 <sup>th</sup> month	50 (4-5 tablespoons)	155 ml	205 g

## Nutritional information

Typical values	per ready to eat portion 170 g (% daily requirement*)	per 100 g (% daily requirement*)
energy kJ	721	1,804
kcal	171	428
fat (of which)	4.8 g	12.0 g
- saturates	0.5 g	1.3 g
carbohydrate (of which)	25.8 g	64.5 g
- sugars <sup>1</sup>	12.9 g	32.3 g
fibre	1.6 g	4.0 g
protein	5.4 g	13.6 g
salt <sup>2</sup>	0.18 g	0.45 g
sodium	0.07 g	0.18 g
calcium	168 mg (42%)	420 mg (105%)
iron	1.9 mg (32%)	4.8 mg (80%)
iodine	21 µg (30%)	52 µg (74%)
vitamin A	150 µg (38%)	375 µg (94%)
vitamin D	2.8 µg (28%)	7.0 µg (70%)
vitamin E	2.0 mg	5.0 mg
vitamin C	18 mg (72%)	45 mg (180%)
vitamin B <sub>1</sub>	0.27 mg (54%)	0.68 mg (136%)
<b>further nutritional values</b>		
linolenic acid (omega-3-FA)	0.12 g	0.30 g

<sup>1</sup>sugars occur naturally in the ingredients  
<sup>2</sup>calculated from the natural salt content of the ingredients used  
\*% of the Nutrient Reference Value (NRV)

This milk cereal is an ideal evening meal for babies receiving weaning food. It is suitable from 4 months to complement breastfeeding or to complement bottled infant formula.

## Important information

- It is important for your baby's health that you follow the instructions carefully and adhere to the indicated quantities when preparing their cereal.
  - Always feed the cereal from a spoon and prepare it freshly each time.
  - Close the opened sachet tightly after each use, store in a dry and hygienic place at room temperature and use up within 3-4 weeks.
  - Please do not warm up the cereal in the microwave (risk of scalding!).
  - Please make sure to brush your baby's teeth regularly after they get their first tooth.
- Ensure a balanced, varied diet and a healthy lifestyle for your baby.

## HiPP ORGANIC MILK CEREALS

Strictly controlled – for your baby's safe and well-balanced diet.

✓ with baby-friendly organic wholemeal wheat – cultivated without the use of chemically synthesised pesticides or fast-acting fertilisers\*

✓ carefully processed – gentle on baby's tummy

✓ no added sugars\*\*

✓ rich in iron – for blood formation and cognitive development

✓ rich in calcium\*\*\* – for the bones

✓ rich in iodine – for thyroid function

✓ omega-3 fatty acids (ALA) – for brain and nerve tissue development

\*in accordance with the EC Organic Farming Regulation  
\*\*sugars naturally occur in the ingredients  
\*\*\*as required by law

If you want to find out more about our organic cereal, scan:



If you have questions about your baby's diet, please contact:

**Exporter:**  
HiPP Austria GmbH  
Theresienthalstraße 68  
4810 Gmunden, Austria

**Producer:**  
HiPP Croatia d.o.o.  
Kralja Zvonimira 1  
44400 Glina, Croatia

e 250 g

Banana Rusk

Please open here

Production date:  
Best before:

FROM 4 MONTHS



Climate-positive

# HiPP

## ORGANIC MILK & CEREAL

# Banana Rusk

no added sugars



JUST ADD WATER

ORGANIC FARMING IS WHAT'S BEST FOR OUR CLIMATE.

The first climate-positive milk cereal in HiPP's premium quality:



ORGANIC



HR-EKO-07  
EU/non-EU agriculture

The HiPP Organic Seal guarantees highest quality and exceeds the EU requirements for organic quality.  
[hippbeyondorganic.com](http://hippbeyondorganic.com)

HiPP actively contributes to climate protection: collectively we improve our climate footprint with every cereal.  
[hipp-climatepositive.com](http://hipp-climatepositive.com)

## Eco-friendly packaging



Cardboard made from recycled paper



Cardboard & foil sachet can be disposed of separately



Vegetable-oil based printing inks – mineral oil-free

Contents may settle during shipping. Packaged in a protective atmosphere.

Best before: see top of pack

Organic Milk Pap  
Banana Rusk

AL2961-03 e 250g

AL2961-03



9 062300 1402 14

## Freshness guarantee:

The foil sachet ensures optimal freshness and aroma protection. This product left our factory in perfect condition – please make sure the sachet is undamaged before consumption. Foil sachet and cardboard box must be recycled separately. Store in a dry place at room temperature and use up the opened sachet within 3-4 weeks.

Best before (if unopened and stored properly): see top of pack