

100% Oat

Our special HiPP ingredients

Wholemeal oat flour* 100%, vitamin B₁.
*from organic production.
Gluten-free.

Different ways to prepare HiPP Baby Cereal

Preparation using formula

1 Boil fresh drinking water and allow it to cool down to about 50 °C*. Prepare approximately 200 ml of the HiPP formula you are currently using (as if you were preparing a feeding bottle).

2 Put 3-4 tablespoons (22 g) of HiPP Baby Cereal into a bowl.

3 Add the prepared formula and stir.

4 Leave to stand to thicken until it reaches the desired consistency. Check temperature.

Preparation as a dairy-free cereal with fruit

Boil 100 ml of water and allow it to cool down to approximately 50 °C*. Put 2 heaped tablespoons (11 g) of HiPP Baby Cereal into a bowl, add the water and stir. Add 100 g of HiPP Fruits (e.g. Williams Pear) and one teaspoon of rapeseed oil and stir. Leave to stand to thicken until it reaches the desired consistency. Check temperature.

Preparation using milk & water

Pour 100 ml whole milk and 100 ml of water¹ into a pot and bring to the boil. Allow it to cool down to approximately 50 °C*. Put 3-4 tablespoons (22 g) of HiPP Baby Cereal into a bowl. Add the cooled liquid and stir. Leave to stand to thicken until it reaches the desired consistency. Check temperature.

*For perfect solubility: do not use too hot water for preparing the cereal

¹ Adding water is necessary to reduce the protein content of cow's milk to a level suitable for children!

Nutritional information

Typical values	per 100 g	per portion*
energy	1,736 kJ	650 kJ
	411 kcal	155 kcal
fat (of which)	7.0 g	5.1 g
- saturates	1.3 g	2.5 g
carbohydrate (of which)	71.2 g	20.4 g
- sugars ¹	1.5 g	5.0 g
fibre	7.8 g	4.7 g
protein	12.0 g	6.0 g
salt ²	< 0.05 g	0.13 g
sodium	< 0.02 g	0.05 g
vitamin B ₁	1.6 mg (320%**) 0.39 mg (78%**)	

¹sugars occur naturally in the ingredients
²calculated from the natural salt content of the ingredients used
*22 g powder + 100 ml water + 100 ml whole milk (3.5% fat)
**% of the Nutrient Reference Value (NRV)
Depending on the method of preparation, the nutritional value per portion may vary.

Important information

- It is important for your baby's health that you follow the instructions carefully and adhere to the indicated quantities when preparing their cereal.
- Always feed the cereal from a spoon and prepare it freshly each time.
- Close the opened sachet tightly after each use, store in a dry and hygienic place at room temperature and use up within 3-4 weeks.
- Please do not warm up the cereal in the microwave (risk of scalding!).
- Please make sure to brush your baby's teeth regularly after they get their first tooth.
- Ensure a balanced, varied diet and a healthy lifestyle for your baby.

HiPP ORGANIC BABY CEREALS

Strictly controlled – for your baby's safe and well-balanced diet.

- ✓ with baby-friendly organic oat – cultivated without the use of chemically synthesised pesticides or fast-acting fertilisers*
- ✓ stricter limit values than required by law
- ✓ carefully processed – gentle on baby's tummy
- ✓ no added sugars**
- ✓ without milk
- ✓ so many ways to use and prepare this product

*in accordance with the EC Organic Farming Regulation

**sugars occur naturally in the ingredients

If you want to find out more about our organic cereal, scan:



If you have questions about your baby's diet, please contact:

Exporter:
HiPP Austria GmbH
Theresienthalstraße 68
4810 Gmunden, Austria
Producer:
HiPP Croatia d.o.o.
Kralja Zvonimira 1
44400 Glina, Croatia

e 200 g

100% Oat

Please open here

Production date:
Best before:

NO TEXT

18_2016EM
FS3 08/22

FROM 4 MONTHS



Climate-positive



ORGANIC
BABY CEREAL

100% Oat

no added sugars



ORGANIC FARMING IS WHAT'S BEST FOR OUR CLIMATE.

The first climate-positive baby cereal in HiPP's premium quality:



The HiPP Organic Seal guarantees highest quality and exceeds the EU requirements for organic quality.
hippbeyondorganic.com



Eco-friendly packaging

- Cardboard made from recycled paper
- Cardboard & foil sachet can be disposed of separately
- Vegetable-oil based printing inks – mineral oil-free

Contents may settle during shipping. Packaged in a protective atmosphere. Best before: see top of pack

Organic Cereal Pap Oat

AL30401 e 200 g

AL30401

Freshness guarantee:

The foil sachet ensures optimal freshness and aroma protection. This product left our factory in perfect condition – please make sure the packaging is undamaged before consumption. Foil sachet and cardboard box must be recycled separately. Store in a dry place at room temperature and use up within 3-4 weeks.

Best before (if unopened and stored properly): see top of pack



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