

# 100% Multi Grain

## Our special HiPP ingredients

Wholemeal flour\* 80 % (oat\*, wheat\*, barley\*, spelt\* ‡, rye\*), wheat semolina\* 20 %, vitamin B<sub>1</sub>.

\*from organic production.

‡ spelt is a type of wheat

contains gluten

## Different ways to prepare HiPP Baby Cereal

### Preparation using formula



Boil fresh drinking water and allow it to cool down to about 50 °C\*. Prepare approximately 200 ml of the HiPP formula you are currently using (as if you were preparing a feeding bottle).



Put 3-4 tablespoons (22 g) of HiPP Baby Cereal into a bowl.



Add the prepared formula and stir.



Leave to stand to thicken until it reaches the desired consistency. Check temperature.

### Preparation as a dairy-free cereal with fruit

Boil 100 ml of water and allow it to cool down to approximately 50 °C\*. Put 2 heaped tablespoons (11 g) of HiPP Baby Cereal into a bowl, add the water and stir. Add 100 g of HiPP Fruits (e.g. Williams Pear) and one teaspoon of rapeseed oil and stir. Leave to stand to thicken until it reaches the desired consistency. Check temperature.

### Preparation using milk & water

Pour 100 ml whole milk and 100 ml of water<sup>1</sup> into a pot and bring to the boil. Allow it to cool down to approximately 50 °C\*. Put 3-4 tablespoons (22 g) of HiPP Baby Cereal into a bowl. Add the cooled liquid and stir. Leave to stand to thicken until it reaches the desired consistency. Check temperature.

\*For perfect solubility: do not use too hot water for preparing the cereal

<sup>1</sup> Adding water is necessary to reduce the protein content of cow's milk to a level suitable for children!

## Nutritional information

	per 100 g	per portion*
energy	1,609 kJ	622 kJ
	381 kcal	148 kcal
fat (of which)	3.9 g	4.4 g
- saturates	0.6 g	2.3 g
carbohydrate (of which)	69.7 g	20.0 g
- sugars <sup>1</sup>	1.8 g	5.1 g
fibre	9.2 g	2.0 g
protein	12.1 g	6.0 g
salt <sup>2</sup>	< 0.05 g	0.13 g
sodium	< 0.02 g	0.05 g
vitamin B <sub>1</sub>	1.5 mg (300%**)	0.37 mg (74%**)

<sup>1</sup>sugars occur naturally in the ingredients

<sup>2</sup>calculated from the natural salt content of the ingredients used.

\*22 g powder + 100 ml water + 100 ml whole milk (3.5% fat)

\*\*% of the Nutrient Reference Value (NRV)

Depending on the method of preparation, the nutritional value per portion may vary.

## Important information

It is important for your baby's health that you follow the instructions carefully and adhere to the indicated quantities when preparing their cereal.

- Always feed the cereal from a spoon and prepare it freshly each time.

- Close the opened sachet tightly after each use, store in a dry and hygienic place at room temperature and use up within 3-4 weeks.

- Please do not warm up the cereal in the microwave (risk of scalding!).

- Please make sure to brush your baby's teeth regularly after they get their first tooth.

Ensure a balanced, varied diet and a healthy lifestyle for your baby.

## HiPP ORGANIC BABY CEREALS

Strictly controlled – for your baby's safe and well-balanced diet.

- ✓ with baby-friendly organic cereals – cultivated without the use of chemically synthesised pesticides or fast-acting fertilisers\*

- ✓ stricter limit values than required by law

- ✓ carefully processed – gentle on baby's tummy

- ✓ no added sugars\*\*

- ✓ without milk

- ✓ so many ways to use and prepare this product

\*in accordance with the EC Organic Farming Regulation

\*\*sugars occur naturally in the ingredients

If you want to find out more about our organic cereal, scan:



If you have questions about your baby's diet, please contact:

**Exporter:**  
HiPP Austria GmbH  
Theresienthalstraße 68  
4810 Gmunden, Austria

**Producer:**  
HiPP Croatia d.o.o.  
Kralja Zvonimira 1  
44400 Glina, Croatia

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Please open here

Production date:  
Best before:

100% Multi Grain

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Climate-positive

# HiPP

## ORGANIC BABY CEREAL

# 100% Multi Grain

no added sugars



ORGANIC FARMING IS WHAT'S BEST FOR OUR CLIMATE.

The first climate-positive baby cereal in HiPP's premium quality:



ORGANIC

HR-EKO-07  
EU/non-EU agriculture

The HiPP Organic Seal guarantees highest quality and exceeds the EU requirements for organic quality.  
[hippbeyondorganic.com](http://hippbeyondorganic.com)

Climate-positive  
HiPP actively contributes to climate protection: collectively we improve our climate footprint with every cereal.  
[hipp-climatepositive.com](http://hipp-climatepositive.com)

## Eco-friendly packaging



Cardboard made from recycled paper



Cardboard & foil sachet can be disposed of separately



Vegetable-oil based printing inks – mineral oil-free

Contents may settle during shipping. Packaged in a protective atmosphere.

Best before: see top of pack

Organic Cereal Pap Multi Grain

AL30405 e 200g

without milk

Vitamin B<sub>1</sub>  
as required by law

AL30405



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## Freshness guarantee:

The foil sachet ensures optimal freshness and aroma protection. This product left our factory in perfect condition – please make sure the packaging is undamaged before consumption. Foil sachet and cardboard box must be recycled separately. Store in a dry place at room temperature and use up within 3-4 weeks.

Best before (if unopened and stored properly): see top of pack