

Oat Apple

Our special HiPP ingredients

Whey product*, wholemeal oat flour* 14%, wholemeal wheat flour* 13%, skimmed milk powder* 13%, apple puree* 13%, vegetable oils* (sunflower oil*, rapeseed oil*), wheat semolina*, apple extract, calcium carbonate, vitamin C, ferric diphosphate, vitamin E, vitamin B₁, vitamin A, potassium iodate, vitamin D.

*from organic production

Contains gluten

Preparation Guide

Choose the amount of water and cereal powder according to the feeding guide and depending on your baby's age and appetite.



Boil fresh drinking water and allow it to cool down to about 50 °C.



Put the recommended amount of powder (according to feeding guide) into a bowl.



Measure boiled water (according to feeding guide), add to the powder and stir.



Leave to stand to thicken until it reaches the desired consistency. Check the temperature.

Feeding Guide

Each baby is different, so daily milk cereal portions may differ greatly. Our feeding guide shall help you prepare different amounts of milk cereal correctly.

	Powder (g)	Water (ml)	Portion (g)
from the 6 th month	45 (approx. 4 tablespoons)	140	185
from the 8 th month	50 (4-5 tablespoons)	155	205
for a smaller portion	40 (3-4 tablespoons)	130	170

Nutritional information

Typical values	per ready to eat portion 185 g (% daily requirement*)	per 100 g (% daily requirement*)
energy kJ	810	1,800
kcal	192	427
fat (of which)	5.3 g	11.7 g
- saturates	0.6 g	1.4 g
carbohydrate (of which)	29.1 g	64.6 g
- sugars ¹	16.2 g	36.0 g
fibre	1.7 g	3.8 g
protein	6.3 g	14.0 g
salt ²	0.25 g	0.55 g
sodium	0.10 g	0.22 g
calcium	171 mg (43%)	380 mg (95%)
iron	2.0 mg (33%)	4.5 mg (75%)
iodine	23 µg (33%)	52 µg (74%)
vitamin A	169 µg (42%)	375 µg (94%)
vitamin D	3.2 µg (32%)	7.0 µg (70%)
vitamin E	2.3 mg	5.0 mg
vitamin C	20 mg (80%)	45 mg (180%)
vitamin B ₁	0.31 mg (62%)	0.68 mg (136%)
further nutritional values		
linolenic acid (omega-3-FA)	0.14 g	0.30 g

¹sugars occur naturally in the ingredients

²calculated from the natural salt content of the ingredients used

*% of the Nutrient Reference Value (NRV)

This milk cereal is an ideal evening meal for babies receiving weaning food. It is suitable from the 6th month to complement breastfeeding or to complement bottle-fed infant formula.

Important information

- It is important for your baby's health that you follow the instructions carefully and adhere to the indicated quantities when preparing their cereal.
- Always feed the cereal from a spoon and prepare it freshly each time.
- Close the opened sachet tightly after each use, store in a dry and hygienic place at room temperature and use up within 3-4 weeks.
- Please do not warm up the cereal in the microwave (risk of scalding!).
- Please make sure to brush your baby's teeth regularly after they get their first tooth.

Ensure a balanced, varied diet and a healthy lifestyle for your baby.

HiPP ORGANIC MILK CEREALS

Strictly controlled – for your baby's safe and well-balanced diet.

✓ with baby-friendly organic wholemeal cereals – cultivated without the use of chemically synthesised pesticides or fast-acting fertilisers*

✓ carefully processed – gentle on baby's tummy

✓ no added sugars**

✓ rich in iron – for blood formation and cognitive development

✓ rich in calcium*** – for the bones

✓ rich in iodine – for thyroid function

✓ omega-3 fatty acids (ALA) – for brain and nerve tissue development

*in accordance with the EC Organic Farming Regulation

**sugars naturally occur in the ingredients

***as required by law

If you want to find out more about our organic cereal, scan:



If you have questions about your baby's diet, please contact:

Exporter:
Hipp Austria GmbH
Theresienthalstraße 68
4810 Gmunden, Austria

Producer:
HiPP Croatia d.o.o.
Kralja Zvonimira 1
44400 Glina, Croatia

e 250 g

Oat Apple

Please open here

Production date:
Best before:

FROM THE
6
TH MONTH



Climate-positive

HiPP

ORGANIC MILK & CEREAL

Oat Apple

no added sugars



JUST ADD WATER

ORGANIC FARMING IS WHAT'S BEST FOR OUR CLIMATE.

The first climate-positive milk cereal in HiPP's premium quality:



ORGANIC



HR-EKO-07
EU/non-EU agriculture

The HiPP Organic Seal guarantees highest quality and exceeds the EU requirements for organic quality.
hippbeyondorganic.com

Climate-positive
HiPP actively contributes to climate protection: collectively we improve our climate footprint with every cereal.
hipp-climatepositive.com

Eco-friendly packaging



Cardboard made from recycled paper



Cardboard & foil sachet can be disposed of separately



Vegetable-oil based printing inks – mineral oil-free

Contents may settle during shipping. Packaged in a protective atmosphere.

Best before: see top of pack

Organic Milk Pap
Oat Apple

AL3331-04

e 250g

AL3331-04



Freshness guarantee:

The foil sachet ensures optimal freshness and aroma protection. This product left our factory in perfect condition – please make sure the sachet is undamaged before consumption. Foil sachet and box must be recycled separately. Store in a dry place at room temperature and use up the opened sachet within 3-4 weeks.

Best before (if unopened and stored properly): see top of pack